Common Cold

Work in small groups and discuss these questions:

When was the last time you had a cold?

What are the typical symptoms of a bad cold? Can you list at least three?

Do you think you get more colds in Ireland than you did in your country?

Many people get colds in Ireland. Why?

Are colds more common in summer or winter?

Do you keep your children at home from school if they have a cold?

What is the best remedy for a bad cold?
Good or bad idea?

If I have a cold I should...

Rest in bed. __________

Drink something hot. __________

Wash my hair and go for a walk. _________

Drink alcohol. __________

Take aspirin. __________

Gargle warm salt water. __________

Have a dinner party. __________

Drink plenty of fluids. __________