

## Am I healthy?



I get up at \_\_\_\_\_.

I have \_\_\_\_\_, \_\_\_\_\_ and  
\_\_\_\_\_ for breakfast.

After Breakfast I \_\_\_\_\_.

I have lunch at \_\_\_\_\_.

I usually have \_\_\_\_\_ and \_\_\_\_\_ for  
lunch.

After lunch I \_\_\_\_\_.

I have dinner at \_\_\_\_\_.

I usually have \_\_\_\_\_,  
and \_\_\_\_\_ for dinner.

After dinner I \_\_\_\_\_.

I go to sleep at \_\_\_\_\_.



**Put these in the correct box**

Orange    Carrot    Smoking    Yoga    Walking

Tomato    Apple    Watching a lot of TV    Tennis

Basketball    Pear    Fast Food    Potato

Dancing    Football

<b>Fruit</b>	<b>Vegetables</b>	<b>Sport</b>
<b>Exercise</b>	<b>Unhealthy</b>	

