Tortilla (Spanish Omelette)

**Ingredients**

1 onion  
½ dozen eggs  
2 tbsp spoons of olive oil  
2 potatoes

**Procedure**

1. Boil some water in a saucepan.  
2. Peel the potatoes and add them to the boiling water.  
3. Remove potatoes after 15 mins.  
4. Slice them into thin pieces.  
5. Heat the olive oil in a frying pan.  
6. Add the sliced potato to the oil. Cook for 2 min.  
7. Chop the onion and add it to the potato. Cook for 1 min.  
8. Beat the eggs in a bowl and pour them into the frying pan with the onion and potato.  
9. After 5 mins. turn the omelette to cook other side.

**Serving**

The omelette can be eaten hot or cold with a fresh baguette and some green salad.
Key Verbs for Cooking

- Boil
- Beat
- Peel
- Pour
- Add
- Mix
- Slice
- Stir
- Cook
- Cut
- Chop
- Bake
<table>
<thead>
<tr>
<th>Action</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boil</td>
<td>some eggs</td>
</tr>
<tr>
<td>Peel</td>
<td>an onion</td>
</tr>
<tr>
<td>Add</td>
<td>a potato</td>
</tr>
<tr>
<td>Slice</td>
<td>some meat into pieces</td>
</tr>
<tr>
<td>Cook</td>
<td>some water</td>
</tr>
<tr>
<td>Chop</td>
<td>some pasta</td>
</tr>
<tr>
<td>Beat</td>
<td>some milk into a glass</td>
</tr>
<tr>
<td>Pour</td>
<td>the eggs with flour and water</td>
</tr>
<tr>
<td>Mix</td>
<td>a cake</td>
</tr>
<tr>
<td>Stir</td>
<td>the mixture</td>
</tr>
<tr>
<td>Cut</td>
<td>some salt and pepper</td>
</tr>
<tr>
<td>Bake</td>
<td>some bread</td>
</tr>
</tbody>
</table>
Key Verbs for Cooking

B _ _ l
P _ _ l
A _ _
S _ _ ce
C _ _ k
C _ _ p
B _ _ t
P _ _ r
M _ x
S _ _ r
C _ t
B _ _ e
Add a suitable cooking verb to each of the boxes.

<table>
<thead>
<tr>
<th></th>
<th>_______</th>
<th>_______</th>
<th>_______</th>
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</thead>
<tbody>
<tr>
<td>Eggs</td>
<td>_______</td>
<td>Meat</td>
<td>Sugar</td>
</tr>
<tr>
<td>Pasta</td>
<td>_______</td>
<td>a Cake</td>
<td>Bread</td>
</tr>
<tr>
<td>Water</td>
<td>_______</td>
<td>an Onion</td>
<td>a Potato</td>
</tr>
<tr>
<td>Milk</td>
<td>_______</td>
<td>a Mixture</td>
<td>Coffee</td>
</tr>
</tbody>
</table>
Grate
Pour
Chop
Boil
Wash
Fry
Bake
Peel
Beat