Adverbs of Frequency

Put in the correct word

always  sometimes  rarely  never  often
hardly ever  usually

1. I _ _ _ _ _ _ _ _ _ sleep until 12 pm on Saturday.

2. I _ _ _ _ _ _ _ cycle to work every morning.

3. I _ _ _ _ _ _ _ do my homework when my teacher gives me some.

4. I _ _ _ _ _ _ _ order take away food.

5. I _ _ _ _ _ _ / _ _ _ _ take the bus to school.

6. I _ _ _ _ _ _ listen to the radio in the morning.

7. I _ _ _ _ _ _ drink alcohol and drive my car.

Another good expression to use is ’from time to time’. We usually put this at the end of a sentence. For example: ‘I like to go for a walk in the mountains from time to time’.

We can also use: once  day
twice  a week
three times  a month
four times  a year

or every: morning  –  Monday  –  day  –  week  –  month  –  year  ....
Can you answer these questions?

1. How often do you go to the cinema?

2. How often do you clean your bedroom?

3. How often do you go shopping?

4. How often do you listen to the radio?

5. How often do you surf the internet?

6. How often do you do sport?

7. How often do you take the bus?

8. How often do you listen to music?

9. How often do you eat food from another country?

10. How often do you go to English class?
Now can you find....?
(Write the first name of the student in the space)

A student who always brushes their teeth in the morning.
___________

A student who usually walks to school.
___________

A student who has coffee for breakfast every morning.
___________

A student who never goes to the cinema.
___________

A student who goes to the gym every week.
___________

A student who takes their children to the park once a week.
___________

A student who occasionally eats food from other countries.
___________

A student who always comes to class every week.
___________

A student who often studies English at home.
___________

A student who is never late for class.
___________
What I like to do

I like to do lots of different things in my free time. I like to go running three times a week and I go to the gym every Thursday evening. I sometimes play football with my friends on Saturday. I rarely watch football on TV.

I always drink coffee every morning, and I usually have toast with butter. I sometimes listen to the radio in the morning.

I like music. I always listen to music in the evening. I hardly ever go to concerts. They are too expensive in Dublin. Sometimes I play music with my brother. I go dancing every Friday night.

I never drink alcohol. I don't like it.
What I like to do

Draw a picture here

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

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________________________________________________________________________

________________________________________________________________________

________________________________________________________________________